

October 20, 2023



EAGLE EYE NEWS

Red Ribbon Week

NEXT WEEK!

During the week of October 23 - 29
We will be celebrating with
"Be Kind to your Mind"
Live Drug Free!

MONDAY - Drugs are a fashion disaster: **Mix & Match, mismatched outfits**

TUESDAY - Stay healthy when you travel: **Tacky Tourist or vacation shirt**

WEDNESDAY - Our Team is Drug-Free: **Sports Jersey**

THURSDAY - Don't be caught sleeping, stay active: **Pajama Day**

FRIDAY - Eagles are Drug-Free: **ILS Spirit Day**

ILS CALENDAR UPCOMING EVENTS

OCTOBER

- 10/20** Scholar Bowl Practice, 3:45-5:00pm
End of 1st Quarter
- 10/22** JPS, PS, PK Sings @ 8am Worship
Trunk or Treat, 4pm
- 10/23** Scholar Bowl Practice, 3:45-5:00pm
- 10/25** PK/K Soccer Practice, 3:30-4:45pm
Scholar Bowl Meet (Away), 4:00-5:45pm
JPS-PK Conferences, 3:30-6:00pm
- 10/26** JPS-PK Conferences, 3:30-6:00pm
- 10/30** Girls A Team BBall Practice, 3:30-5:00pm
Boys A Team BBall Practice, 3:30-5:00pm
- 10/31** Girls A Team Optional Practice, 3:30-5pm
- 11/1** PK/K Soccer Practice, 3:30-4:45pm
Scholar Bowl Meet (Home), 4:00-5:45pm
- 11/2** Girls A Team BBall Practice, 3:30-5:00pm
Boys A Team BBall Practice, 3:30-5:00pm
School Board Meeting, 6:30pm
- 11/4** Scholar Bowl Meet (Away), 9:00-11:00am



Preschool Sings!

Reminder: Our Preschool children will be singing during our 8am worship service this Sunday. We invite you to attend to worship with us and enjoy their joyful voices!

Report Cards

Today is the end of the first quarter: Report cards will be emailed next Friday, October 27.

HELP WANTED

Rise, Shine, Teach, REPEAT!

If you have a passion for serving the Lord and His children, and if you are seeking to be a part of a remarkable team of educators, we invite you to consider joining LASE Specialized Education. We are currently in need of two part-time special educators. If you are interested in discussing how you can contribute to this ministry and make a difference in the lives of God's children, please email us at: info@lutheranspecialied.org

Library Volunteers Needed

We are looking for some volunteers to help in our school library. Here are some of the ways you could assist:

- Reading to a class of students
- Helping students check out books
- Reshelving books
- Fixing books in need of repair
- Creating book displays

If you are interested in more information, please contact Mrs. Meyr cmeyr@ilsolivette.org

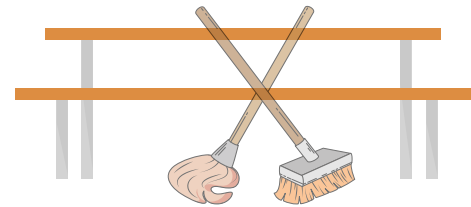
Winter Sports

Winter sports are right around the corner! If your child is planning on participating, please make sure their physicals are up to date and have been turned in. You may check your Family Portal under Student Medical, Event Record; the nurse has entered all documentation that she has received. If your child's physical expires soon, please make arrangements to submit updated documentation. Sports physicals are good for one year. Thank you for your help and cooperation.

Trunk or Treat

If you signed up for Trunk or Treat, it's this Sunday at 4pm! An email went out earlier this week with details if you volunteered or are hosting a trunk.

Lunch Clean-Up Sign up



LUNCH Parent Volunteers Needed:

We are in need of a few parent volunteers to help clean up the gym after our last lunch. Clean-up begins at 12:30 and consists of putting up tables and sweeping/mopping the floor only near the area where lunch takes place. This should take approximately 30 minutes for an individual. We are hoping to create a consistent rotation for the rest of the year. We appreciate your help and time!



Vision & Hearing Screenings

We will be offering vision/hearing screenings for our **Kindergarten - 8th graders** on October 31, 2023. The final cutoff to register is October 25, 2023.

Please use this link to register:

<https://forms.gle/SX5j7B1puaGxJ7Ec9>

Spotlight on the Handbook

We continue shining the spotlight on various aspects of our Family Handbook

Today we highlight: **ATTENDANCE**

Students enrolled at Immanuel in **1st through 8th grades** are expected to attend school regularly. This is important for their well-being and development. If a student reaches 20 absences during the school year, communication and reviews by the administration and school board will take place. State law requires "continuous and regular" attendance. We understand certain circumstances may arise and we will work with families when this happens.

FITNESS & FELLOWSHIP

A workout for everybody and every BODY is coming your way! REFIT and REV+FLOW instructor, Lori Steingraber (our 3rd gr. teacher), will be holding classes on Mondays, Thursdays, and Saturdays at Immanuel starting October 21. The cost is \$3/class or \$20/10 class punch card. No experience is needed to join these fun, music and movement fitness classes! Descriptions of the two formats are in the picture. For REV+FLOW a yoga mat and light hand weights (1-3 pounds) are used.

Schedule:

Monday - 4:15pm-5:15pm REFIT

Thursday - 4:15pm-5:15pm REV+FLOW

Saturday - 10:45am-11:45am REFIT

Location: Fellowship Hall or Gym (Follow signs)

Lori is excited to bring these workouts to our community! Invite a friend and let's get moving to the music! For more information you can follow: Fitness, Funk, and Praise REFIT Facebook page.



REV+FLOW is a dynamic workout that's easy on joints without compromising the intensity of the workout. REV+FLOW strengthens bodies and sculpts muscles through targeted, music-based movements and resistance training. Be challenged in new and unique ways through easy-to-follow movements and uplifting music. All fitness levels welcome!



REFIT® is a workout you can feel good about! With powerful moves and positive music, you'll discover an inspiring workout that changes your body, mind and soul. This cardio-focused class is effective and FUN -- perfect for beginners and challenging for fitness enthusiasts (which means it's a workout designed for everyBODY!)

Pickup Basketball Assistance Needed
Pickup basketball at Immanuel is going strong and continues to meet on Thursday nights at 7pm! We are in need of 1-2 Immanuel Lutheran Church members who would be willing to supervise this activity on a rotating basis for a small stipend. For more information contact PSCE at psce@ilsolivette.org.

ILS **Responds** to God's Grace through Christ, **Assists** families and **Prepares** children spiritually, socially, and physically that they may serve Him.